#### **APPROVED**

## **Must Be**

12-count carton (1 dozen) White, chicken eggs



#### **You Can Choose**

Any brand Small, medium, or large size

## **NOT APPROVED**

## **Do Not Buy**

Sizes and types not listed as approved

6- or 18-count cartons

Bulk eggs

Brown eggs Cage-free

DHA

Duck eggs

Extra-large or jumbo-size eggs

Fertile

Free-range

Liquid, pasteurized, powdered, or

egg substitute products

Naturally-nested or other specialty eggs

Non-chicken eggs

Omega 3

Organic

Single hard-boiled eggs

# **Must Be**

Chunk light tuna in water, 5 oz to 6 oz

Pink salmon, 5 oz to 14.75 oz

Cans



**APPROVED** 

#### You Can Choose

Any brand

Boneless

Low-sodium

Skinless

**NOT APPROVED** 

## **Do Not Buy**

Sizes and types not listed as approved

Tuna in 12 oz can

Foil bags

Pouches

Snack packs

Added flavors, foods, or spices

Albacore tuna

Dried

Fillet

Fresh

Frozen

Gourmet

Mackerel

Red salmon

Sardines

Smoked

Solid or chunk white tuna

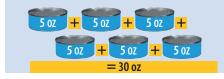
Specialty salmon or tuna steak

Tongol tuna

Yellowfin tuna

For Fully Breastfeeding Women

You can choose a combination of chunk light tuna and pink salmon up to the amount of ounces (OZ) printed on the check. Examples:



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